



Parent and Team Information on Regatta

Days at Sandy Run Regional Park

Phone: 703-690-4392; **E-mail:** sandyrunrow@nvrpa.org

Visit our website at www.NVRPA.org

The information listed below is intended to make your visit to Sandy Run an enjoyable experience, especially if you are a first-time visitor.

- **Pets are not allowed in the park on regatta days. The only exceptions are animals trained to assist individuals with disabilities.** At all other times, pets must be on a leash.
- Be prepared to walk. The parking lots, boathouses and racecourse are spread over a hundred acres. Trails range from 3/10 to ½ mile. No bikes on the trails.
- If you require special accommodations, please contact the park at least 10 days in advance of the event for an American With Disabilities application. We do have handicap parking areas for those with DMV tags.
- On most regatta days, a van service will take you to the grandstand area. There is a fee for riding the van.
- On championship regatta days, you may be assisted to park off site and ride a shuttle bus to the regatta site.
- No one may spend the night in the park.
- No one may cook food in the park. Open flames are prohibited as well. Food vendors must obtain written permission from park management.
- Unless you have a pass, you will be charged an admission fee to enter the park on regatta days.
- If you are dropping off rowers, food or equipment, you must follow the directions of the parking crew. You may not be able to drive into the park and will need to carry what you have.
- On extremely busy days, to pick up someone, you may have to park and walk or ride in to reach them. If you bring a pet, you will not be allowed in the park (see pet rule, regatta days).
- State law prohibits alcoholic beverages.
- The Occoquan Reservoir is a public water supply. There is no swimming or cox tossing allowed. Violators are subject to disqualification, fines and ejection from the park.
- No sales are allowed on park property without written permission or a permit.
- Additional rules and regulations may be obtained by contacting the park at the phone number or e-mail address listed above.

Please see "Regatta Day FAQ's at Sandy Run" on our website if you have additional questions.

If you are coming as a spectator, we hope you have a wonderful time. If you are here as a competitor, best of luck in your events.